

# MOVING TOWARDS WHOLENESS



# JOURNAL

**MOVING TOWARDS WHOLENESS — A Healing Journey?**  
**Peter Wilson & Stephen Feltham**

# **YOUR PERSONAL JOURNAL**

**FOR USE WITH  
QUESTIONS & REFLECTIONS  
WORKBOOK :**

**“MOVING TOWARDS WHOLENESS”  
BY  
STEPHEN FELTHAM & PETER WILSON**

Dedicated to those in need of healing, those who need to heal, and those who believe that love is all you need.



May we strive for an epidemic  
of kindness and an abundance  
of blessings



“I suddenly realised it’s all one, that this magnificent universe is a harmonious, directed, purposeful whole.

That we humans, both as individuals and as a species, are an integral part of the ongoing process of Creation.”

Edgar Mitchell, Apollo Astronaut



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