MOVING TOWARDS WHOLENESS

JOURNAL

YOUR PERSONAL JOURNAL

FOR USE WITH QUESTIONS & REFLECTIONS WORKBOOK :

"MOVING TOWARDS WHOLENESS" BY STEPHEN FELTHAM & PETER WILSON

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Dedicated to those in need of healing, those who need to heal, and those who believe that love is all you need.



May we strive for an epidemic of kindness and an abundance of blessings



"I suddenly realised it's all one, that this magnificent universe is a harmonious, directed, purposeful whole.

That we humans, both as individuals and as a species, are an integral part of the ongoing process of Creation."

Edgar Mitchell, Apollo Astronaut

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