# MOVING TOWARDS WHOLENESS

## JOURNAL

## YOUR PERSONAL JOURNAL

FOR USE WITH QUESTIONS & REFLECTIONS WORKBOOK :

"MOVING TOWARDS WHOLENESS" BY STEPHEN FELTHAM & PETER WILSON

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### Dedicated to those in need of healing, those who need to heal, and those who believe that love is all you need.



### May we strive for an epidemic of kindness and an abundance of blessings



"I suddenly realised it's all one, that this magnificent universe is a harmonious, directed, purposeful whole.

That we humans, both as individuals and as a species, are an integral part of the ongoing process of Creation."

Edgar Mitchell, Apollo Astronaut

S Life isn't about waiting N & for the storm to pass..., It's about learning to RAYN DAUGE Du The S:

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